

QuickStart guide for Conception

1. Conception starts in the main screen, which displays a calendar with the current day shaded in green. From the *Menu* you can select either:

- Period Start Today.

OR

- Period Already Started.

2. The calendar will then be updated to display your fertile days. Fertile days that are favourable for a female child are shaded in red, with the amount of red in the shade indicating how favourable the day is for a female child.
3. Days that are favourable for conceiving a male child are shaded in blue, with the amount of blue in the shade indicating how favourable the day is for a male child.
4. In other words, the more red a day is, the better the chance of a girl, and the more blue a day is, the better the chance of a boy.
5. The status bar will be updated every night to display an icon that indicates whether the current day is favourable to a boy or a girl conception. It will also display an icon to indicate a non-fertile day.
6. You can disable/enable the notifications on the status bar from the *Menu*.
7. A more complete and thorough manual is available for download. Check the *About* Menu item for more information.